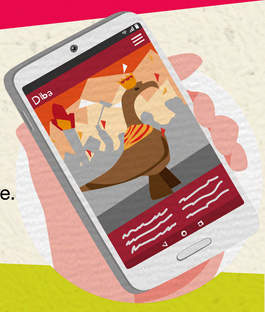
The ten points of the responsible traveller



1 **Prepare for your trip.** Search for information on the place you plan to visit in order to become familiar with its culture.

2 **Respect human rights.** Any form of discrimination or exploitation violates the goals of the trip.

3 **Help conserve the environment** and try to ensure that the footprint of your shoe is the only one you leave behind. If you visit sensitive sites, find out beforehand how to do so.

4 **Appreciate the artistic,** archaeological and cultural heritage of the destination.

5 **Choose sustainable suppliers** that respect the environment and human rights when you plan your trip.

6 **Use natural resources with moderation** and try to minimise waste generation.

7 **Recycle any waste you generate.** If no waste recycling containers are nearby, take your waste home.

8 **Enjoy the local customs, cuisine and traditions.** If you purchase souvenirs, try and purchase those which embody the culture of the place.

9 **Use local public or collective transport whenever possible.** If feasible, use non-motorised transportation and walk as much as possible.

10 **Open your mind to new experiences and be tolerant of diversity.** Contribute to the development of responsible, fair and sustainable tourism.

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Diputació Barcelona
BIOSPHERE certified destination